

2006 Ravensdale-Cumberland Road Race Race Notes

Parking: Staging and the race start/finish will be at Tahoma Jr. High School, 25600 SE Summit-Landsburg Rd, Ravensdale, WA, 98051. Entry is at the far west entry/exit (look for the Bike Race sign). We are sharing the parking at the Jr. HS with a church group. Race parking and registration is at the far northeast corner of the school grounds behind the school building. **DO NOT PARK IN THE FRONT OF THE SCHOOL---THIS IS RESERVED FOR CHURCH PARKING.** After you take the left off of Summit-Landsburg Rd into the school proceed on the road to the back of the school and continue east until you see the registration and staging area. Be sure to police your area before you leave for any litter--your own or others.

Registration: Registration will be located at the northeast corner of the school grounds. Please have USCF release forms, license forms (if required) already completed, and USCF license out and available at check-in. Day of race registration is \$20. Checks to be made payable to: "4 Corners Cycling Team-Michael Kopp". Registration will open at 7:30 am and will close 20 minutes before each race category starts.

Race Numbers: WSBA numbers will be used for all Categories EXCEPT Masters. Masters riders will be issued jersey and frame numbers based on whether racing as an A/B or C/D. Jersey numbers go on your RIGHT side. Frame numbers must be used by all WSBA members!! Non WSBA members can rent numbers at the race (\$ 10 of which \$ 5 is refundable at return).

Warm-up: For those not warming up on trainers there are several riding options from the start/staging area. All roads are open to vehicle traffic so please be courteous to drivers and ride accordingly.

Staging: Staging for races is at the northeast area of the school grounds, located at the far eastern exit.

Wheel Support: Provided enough wheels are put into wheel support wheels will be "Neutral". Otherwise wheel support will be "Wheels In-Wheels Out". Please clearly mark wheels with: name, race number, Shimano or Campy, 9 or 10 speed for the rear, and team name, if applicable.

Gearing: We are suggesting a 39x25 or 39x27. You won't want anything bigger than a 39x23 for the short, 20% plus climb --- trust us on this one. Last year several people toppled over as a result of too high gearing.

Neutral Roll Out: All races start at Tahoma Jr. HS. Neutral roll out will be approximately 2.5 miles. Honking of the horn by the Official's Vehicle indicates "Race On".

Course description: The Ravensdale-Cumberland Road Race premieres a rolling 28 mile loop in rural SE King County. While there are no sustained climbs, the course is constantly undulating and includes a combination of wide roads with shoulder and winding narrow roads----which should be favorable to a small break staying away. Pavement is good to very good. The loop features one very short and steep climb (0.15 mile long, 20% grade). The centerline rule is in effect for the entire race except for the

route between Corners 9 and 10 where there is no centerline and from 200 meters to go to the finish.

Approach to the Finish Line: Following completion of the requisite laps of the circuit the race returns via the same route (from the Jr. HS to the circuit) to the finish line at the Jr. HS. It is 3.5 miles from the exit of the circuit to the finish line. There is a short climb approximately 1.5 miles from the finish. The final left hand turn onto Summit-Landsburg Rd leading to the finish is a *sharp, high speed, technical turn*. This is an off camber, high speed turn coming off a downhill. BE PREPARED and BE SAFE----there is still one mile to go to the finish.

Rider Conduct: Years ago there were a number of races in this area. However, due to complaints from residents racing became very limited. We hope to continue this race as an annual event, but we need your help in being a good citizen----ride smart, no littering, no public viewing of nature breaks, be courteous to residents, support local businesses while you are here. And let everyone you come in contact with know how much you appreciate being allowed to race a bike in this beautiful area. We have made every effort to inform residents of the race and to see that pets are restrained, but this is a rural area so be on the look out for loose pets, deer/elk, and vehicles that may wander onto the course at inopportune times. Race participants are not permitted to enter the school--- you will be disqualified.

Feed Zone: The feed zone is located approximately 5 miles from Tahoma Jr. HS adjacent to the Bonneville Power Substation on Lake Retreat-Kanaskat Rd. Limited parking is available off the road adjacent to the BPA Power Station. The start and end of the feed zone will be marked by signs. There is no neutral feed. If a rider is seen taking a feed elsewhere on the course they are subject to disqualification.

Finish Line: The finish line is adjacent to the Jr. HS on Summit-Landsburg Rd. There will be a 1 KM and 200 M to go marker prior to the finish. At the 200 Meter to go sign both lanes are open for the sprint.

Results/Awards: Results will be posted at the Registration Area as soon as possible following the finish. Awards and prizes will be distributed at the conclusion of the protest period.

Watching the Race: There are a number of areas along the course where spectators can find parking adjacent to the course and watch. A recommended spot is in Cumberland, in the vicinity of corner 6 (right turn off of Cumberland-Kanaskat Rd. onto SE 352nd). There is also a market in Cumberland where spectators can pick up cold drinks and a snack (remember no feeding of riders in this area).

Sponsors: This race would not be possible without the support of our sponsors. Please support them.