

## 2009 RACE NOTES

**Charitable Support:** The Ravensdale Cumberland Charity Classic is a "non-profit" event as Cycle Therapy 4 Corners Cycling and Starbucks Cycling donate any "profit" after expenses to local area charities. In 2008 approximately \$ 2500 each was donated to the Greater Maple Valley Food Bank and the Seattle Cancer Alliance. With the current economic maelstrom these charities need even greater support. The support of local charities also engenders community support or at least tolerance for races through the communities.

**Parking:** The entrance to parking at King County Ravensdale Park is off Kent Kangley Rd approximately two miles from the 4 Corners intersection. There are a number of designated parking areas plus an overflow lot that will be open. Please DO NOT park on the EAST side of 272nd Ave SE that runs along the park. This area is reserved for staging of the race caravan. DO NOT park in the Post Office parking lot. Be sure to police your area before you leave for any litter----your own or others.

**Local Markets:** There is a Safeway and Starbucks located in a mall on the SE corner of the 4 Corners intersection. The small Ravensdale General Store is located 1/4 mile east of the Park on Kent-Kangley Rd. This is the community gathering spot so let them know how much you appreciate the community supporting the race by stopping by before or after the race. They do not have public restrooms (use the ones located at the park).

**Registration:** Registration will be located at the north end of the park at the covered picnic area. Please have USCF release forms, license forms (if required) already completed, and USCF license out and available at check-in. Day of race registration is \$ 30. Checks to be made payable to: "Michael Kopp-4 Corners Cycling". Please write your WSBA number on the upper right hand corner of the USA Cycling Release Form. Registration will open at 7:30 am for the morning races and 11:30 am for the afternoon races and will close 20 minutes before each race category starts.

**Race Numbers:** WSBA members are required to have two jersey numbers and a frame number. Numbers will be available for rent (\$ 10, \$5 refund when you return it post race).

**Warm-Up:** For those not warming up on trainers there are several options. The first is to exit south out of the Park and turn right on Ravensdale Way. It is a rolling 3 miles to Black Diamond for an out and back warm-up. The second and third options are to turn left on Ravensdale Way, cross Kent-Kangley Rd and proceed north on Landsburg Rd. This can either be a rolling out and back or off the first downhill take the first left (careful it's off camber) and proceed east which will take you back to Kent-Kangley Rd., west of the King County Ravensdale Park. Make a left back onto Kent -Kangley and proceed east back to the Park---this is approximately a six mile loop. Please refrain from warming up on Kent Kangley.

**Staging:** Staging for racing will be at the NORTH end of the Park adjacent to the covered picnic area.

**Wheel Support:** Wheels-in/Wheels-out (if enough riders contribute wheels then wheels will be "neutral"---an announcement will be made during staging). Those that provide their own wheels for themselves and/or their team will receive wheel support. Please clearly mark wheels with: name, race number, and team name if applicable. Mark if your wheels are Campy 11 or 10 spd, or Shimano/SRAM. Juniors who choose to race must bring their own support wheel in compliance with USA Cycling rules on gearing.

**Gearing:** Gearing of 39x23 or 39x25 top end depending on how high a rev you like to climb at.

**Neutral Roll Out:** All races start at King County Ravensdale Park with a 1 mile neutral roll out along Kent-Kangley Rd. to the race course.

**Course description:** The Ravensdale-Cumberland Road Race premieres a rolling 28 mile loop in rural SE King County. While there are no sustained climbs, the course is constantly undulating and includes a combination of wide roads with shoulder and winding narrow roads----which should be favorable to a small break staying away. Pavement is generally good to very good. In addition to

the constant rollers there is one climb, approximately 3/10 mile in length that is 5-6% grade. On the turn from Veazie Cumberland Road to 392<sup>nd</sup> you will not be allowed to cross the centerline of Veazie Cumberland in making this turn: YOU MUST STAY to the RIGHT of the CENTERLINE on Veazie Cumberland Rd as you make the turn. There will be cones along the centerline to enforce this. Feed zone is at the top of a one mile, gradual climb. See the [course map](#) for a detailed view.

If you are riding outside the "protected" zone between the Lead and Follow Vehicles in the Race Caravan you are now required to comply with the applicable traffic laws---corner marshals will not be stopping traffic outside the Race Caravans.

**Rider Conduct:** Years ago there were a number of races in this area. We hope to continue this race as an annual event, but we need your help in being a good citizen---ride smart, no littering, no public viewing of nature breaks, be courteous to residents, support local businesses while you are here. And let everyone you come in contact with know how much you appreciate being allowed to race a bike in this beautiful area. We have made every effort to inform residents of the race and to see that pets are restrained, but this is a rural area so be on the look out for loose pets, deer/elk, and vehicles that may wander onto the course at inopportune times.

**Feed Zone:** The feed zone is located approximately 2 3/4 miles from Ravensdale Park on Lake Retreat - Kanaskat Rd at the BPA Power Substation. Limited parking is available off the road adjacent to the BPA Power Station. The start and end of the feed zone will be marked by signs. We hope to be able to support a neutral water support---but please do not count on it (If neutral water support is available an announcement will be made during staging). If a rider is seen taking a feed elsewhere on the course they are subject to disqualification.

**Finish Line:** The finish line is located on a one way climb with a left turn just off the course loop. The finish is on 327<sup>th</sup> Way SE (see the course map). The finish line will be located approximately 0.4 miles (will be marked with a 1K to go sign) after making the left turn onto 327<sup>th</sup> Way SE. The climb to the finish has two pitches estimated at 5-7% and otherwise the road climbs at 1-3% to the finish. There will be a 1K and 200 Meters signage prior to the finish. Full road open from 200 meters to finish. All other times center line rule in effect.

327<sup>th</sup> Way SE does not have a yellow line dividing the road. Please remain to the right on the climb to the finish as there will be cyclists or race caravan vehicles descending following the finish of their category. After you finish please ride SLOWLY down the hill keeping to the far right side of the road---single file, make a right turn onto Retreat Kangley Rd and ride the 5 miles (mostly downhill) to return to Ravensdale Park.

There is very limited parking at the finish line for spectators and vehicles MUST BE parked off the road and at least 200 meters PAST the finish line so as to not interfere with the finish

**Results/Awards:** When available results will be posted at King County Ravensdale Park on a Results Board mounted on the east side of the Official Race Motorhome. Prizes will be awarded following the end of the protest period or upon resolution of any outstanding appeals.

**Watching the Race:** There are a number of areas along the course where spectators can find parking adjacent to the course and watch. A recommended spot is in Cumberland, in the vicinity of corner 3 (right turn off of Cumberland-Kanaskat Rd. onto SE 352nd). There is also a market in Cumberland where spectators can pick up cold drinks and a snack (remember no feeding of riders in this area).