

**RAVENSDALE~
CUMBERLAND**

ROAD RACE

Location: Ravensdale, WA

Date: July 31st, 2005 (Sunday)

Held under USCF Rules and permit 2005-1205.

Course: The Ravensdale-Cumberland Road Race premieres a rolling 28 mile loop in rural SE King County. While there are no sustained climbs, the course is constantly undulating and includes a combination of wide roads with shoulder and winding narrow roads, which should be favorable to a small break staying away. Pavement is good to very good. The loop features one very short and steep climb (0.15 mile long, 20% grade). Feed zone and finish area is at the top of a one mile, gradual climb. Following the finish, racers will ride 3 miles back to Ravensdale Park. A course map can be found at:

<http://www.vision4corners.com/map.pdf>

Prizes: Cash and merchandise, 10 deep.

See details below.

Contact: info@vision4corners.com

Cost/Registration: \$25 pre-registration, \$30 race day (**yes, we want you to pre-register**). Women can race \$10 pre-registration or \$15 race day. Fields are limited to 100 racers. USCF license required. One day licenses available for \$10 at the race. Registration will open at 7:30 AM and will close 15 minutes before the start of each race category. All participants must check-in prior to the start of the race.

Pre-registration: Pre-reg by **7/24/2005**.

Send check AND standard release form to:

Michael Kopp

PO Box 1104

Maple Valley, WA 98038

Make check to "4 Corners Cycling-Michael Kopp". Please write WSBA number on the upper right corner of the release form. Release form can be downloaded from www.usacycling.org/forms/rider_release.pdf Also, as another option you may use Active.com to register. Note that there is a transaction fee.

Race Notes: Please visit our website:

www.vision4corners.com

RACE SCHEDULE

Start Time	Category *	Length	Prize List
9:00 AM	1-2 Men	86 miles	1-5: \$500 cash, 6-10: merchandise
9:15 AM	3 Men	58 miles	1-5: \$300 cash, 6-10: merchandise
9:30 AM	Masters A/B, Masters C/D **	58 miles	1-5: \$300 cash, 6-10: merchandise, 1-5: \$250 cash, 6-10: merchandise **
9:45 AM	4-5 Men	58 miles	1-5: \$250 cash, 6-10: merchandise



* This year we are only able to offer four categories. Women are welcome to race up to one category lower with the men. Category 1 women may race up to two categories lower.

** Masters A/B and C/D will race together, but will be scored/awarded separately. Masters A/B are men: age 30+ Cat 1/2, age 30+ Cat. 3, or 45+ Cat. 1/2. Masters C/D are men: age 30+ Cat. 4/5, 45+ Cat. 3, or any Cat, 50+.



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Hwy 169 and
Kent-Kangley Rd.



Directions from I-405: Head to Renton on I-405 from either the north or south. Take exit #4 - SR 169 / Maple Valley - Enumclaw exit and head east through Maple Valley (about 14 miles). Turn left on Kent Kangley Rd. Drive 2.2 miles and turn right on 268th Pl SE. Turn left at the stop sign onto Ravensdale Way. Enter King County's Ravensdale County Park by turning left on 272nd Ave SE. The park address is: SE Kent Kangley Rd and 272nd Ave SE Ravensdale, WA 98051 **PARKING IS LIMITED - PLEASE CARPOOL.**

"Bring a Can" ...or another non-perishable food item for the Maple Valley Food Bank & Emergency Services. Help us support this local community service by bring one or more non-perishable food items to the race. They can easily be dropped off at the registration/check-in table.