



Ravensdale-Cumberland Road Race

Date: Sunday, March 28, 2010

Presented by: Cycle Therapy - 4 Corners Racing (www.4cornerscycling.com)

Location: Ravensdale, WA – Start location at Ravensdale Park (SE Kent Kangley Rd and 272nd Ave S Ravensdale WA 98051)

Course Description: 28 mile loop in rural SE King County. No major climbs – rolling terrain.

The finish line is in a different location from last year and is on the loop just past the top of the Lake Retreat Power-station, see course map (<http://www.mapmyride.com/route/us/wa/south%20king%20county/720126573706560220>).

Cost: \$25 day of race only.

Registration: Opens at 7:45am for the morning categories and 11:30 am for the afternoon categories and closes 10 minutes before the start of each category. USA Cycling license required to race. One day license for category 5 men and 4 Women is \$10.00 and available at the race. All other categories must have a USA Cycling annual License which can be purchased at www.usacycling.org for \$60.00 (Not for sale at race, allow 2-3 weeks to receive from USA Cycling). All USA Cycling rules will be enforced. All riders must sign a waiver. All riders must wear an approved helmet. Registration and parking will be at the Ravensdale Park.

Other Information: Masters A/B (Age 30 + cat. 1-3) Masters C (age 30+ cat. 4-5) Master D (age 50+ any category)
Not scored separately within the race. No warming up on race course. Neutral rollout to the loop. Stay to the far right single file when returning to the park after the race. Held under USA Cycling permit number #2010-623

Race Numbers: WSBA numbers will be used and can be purchased at www.wsbaracing.com (Not for sale at the race). Rental numbers will be available at the race for a \$10 rental fee (of which \$5 is refundable). For out-of-state riders there is no fee to rent a number just a \$5 deposit.

Number Placement: Both WSBA Jersey numbers and the frame number must be used. Rental numbers go on the right side. Make Right side number to be clearly visible for the finish line camera. See <http://gcracingllc.com/numberplacement.aspx>

Prizes: No Prizes. Full results will be posted online.

Start Time	Category	Length	Laps	Field Limit
9:00	Masters Men A/B 30+ Cat 1-3	62 miles	2	100
9:10	Masters Men C/D 30+ Cat 4/5 and 50+	62 miles	2	75
9:20	Cat 4 Men	62 miles	2	100
9:30	Cat 5 Men	33 miles	1	50
9:40	Cat 4 Women	33 miles	1	50
12:30	Pro 1-2 Men	89 miles	3	100
12:40	Cat 3 Men	62 miles	2	100
12:50	Pro 1-2-3 Women	62 miles	2	100

Note: Races may be split or combined depending on the number of riders on race day.

Directions:

Seattle I-405 South take exit #4 - SR 169 to Maple Valley/Enumclaw. Drive 14 mile Southeast on Hwy 169 to SR516 Kent Kangley Road. Turn left on Kent Kangley. Proceed approximately two miles east on Kent Kangley, then turn right into King County Ravensdale Park.

Tacoma I-5 South, take Hyw 18 East 13 miles to Exit SR 516 Kent Kangley. Turn right east. Proceed 7 miles to Park on Right.

Contact: Peter Fraiman for more information at peterfrai@comcast.net